



Grade 1- Sample Lesson Plan

Preparing for Fires and Emergencies at Home

Objectives/Goals

- To understand to exit house and go to safe place if fire alarm goes off
- To understand to stop , drop and roll if clothes catch fire
- To develop home safety rules.

Materials

- Flip charts or poster paper
- Markers
- Smoke detector
- Mats
- 911 Fire Safety RAP video https://www.youtube.com/watch?v=s_5FqaWTj9c
- Virginia Fire 911 Kids Activity Book

Steps

1. Remind students of class safety rules and then tell them that you will now be discussing home safety rules and strategies that keep them safe during emergencies at home.
2. Have flip charts with images of the kitchen, bedroom, garage, bathroom, and other rooms of the house (include a telephone in the image for dialing 911). "Visit" each room of the house and ask students to share safety rules that they have at home. Write them down with the markers. Reinforce any ideas that are missing.
3. Engage students in a school fire drill, play the *911- Fire Safety RAP video*, and assign the *Virginia Fire 911 Kids Activity Book* to students to complete at home with families. This

activity enables families to develop a home fire escape plan and identify a strategy for calling 911.

4. Practice “Stop, Drop, and Roll” as a fire safety method in the event that the students clothes catch on fire, as follows (adapted from Alison Daus):
 - a. Show the students a smoke detector, and ask the students if they know what it is.
 - b. Then ask the students if they know what the purpose of the smoke detector is.
 - c. After the students have been given time to answer, explain that the smoke detector is an extremely important part of fire prevention.
 - d. Describe how the smoke detector works, allowing the students to get a close look at the appliance.
 - e. Also explain that the smoke detector should only be set off purposely if an adult is checking the battery, because others may hear the alarm and think there is a fire.
 - f. At this point, ask the students if anyone knows what to do if their clothes catch on fire. Explain that it is important to remember to stop, drop, and roll, and demonstrates on one of the mats in the front of the room.
 - g. After demonstrating, discuss the key points such as covering your eyes and pulling your arms in.
 - h. The students will be invited, two or three at a time, to stop, drop, and roll on the mats in the room. They will be instructed to say the words “Stop,” “Drop,” and “Roll” as they perform the action.
 - i. The remainder of the students should also say the words with those physically involved.

Assessment Idea

- Did students model stop, drop, and roll adequately?
- Did students complete a home fire escape plan?
- Did students share home safety rules?

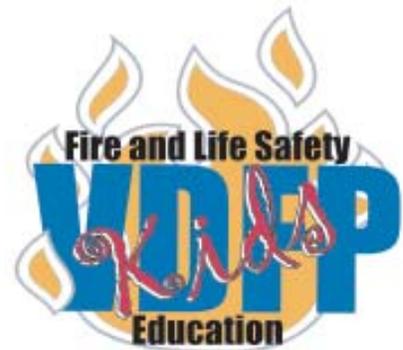
References

- Alison Daus_Stop, Drop and Roll
<http://lessonplanspage.com/ossfiresafetystopdroprollk-htm/>
- Virginia Fire 911 Kids Activity Book
http://www.vafire.com/fire_safety_education/coloring%20pages/Kids_Activity_Book.pdf
- Fire Safety RAP 9-1-1 https://www.youtube.com/watch?v=s_5FqaWTj9c

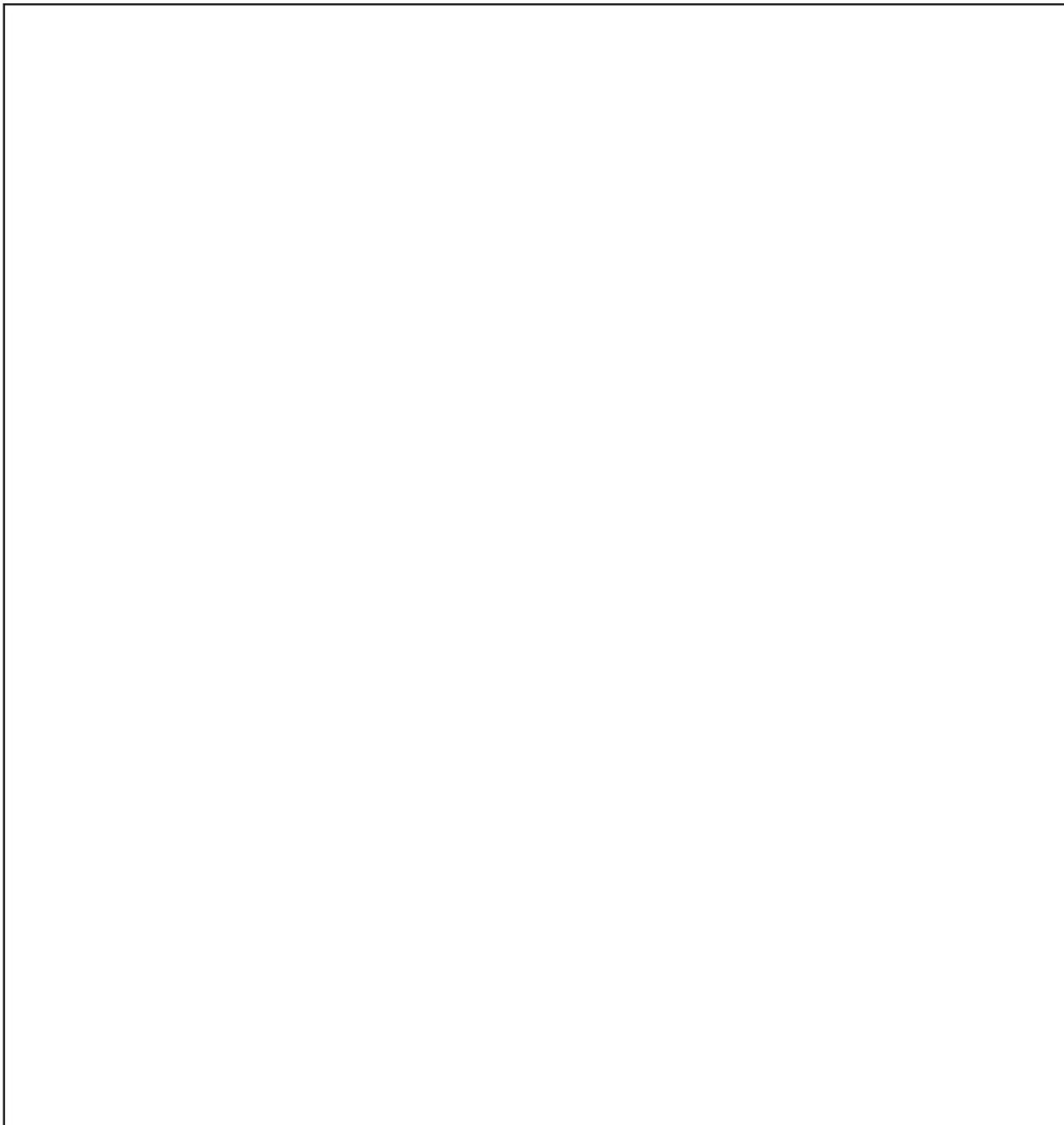
Fire & Life Safety Activity Book



Join Dottie the dalmatian and her friends as they learn about fire safety!



Visit www.vafire.com for more safety tips and activities



**Draw a picture for Dottie the
dalmatian of you practicing
fire safety!**

Learn about escape plans!

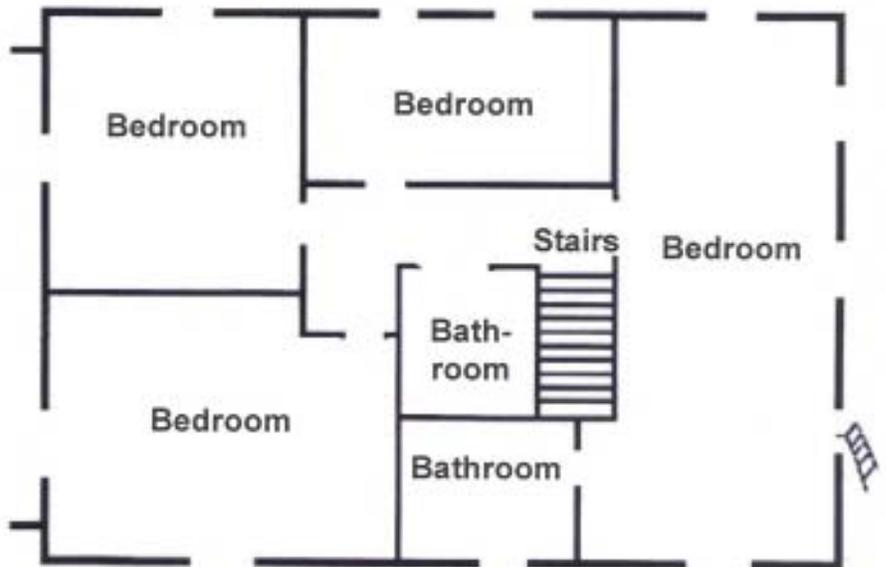


Help Polly the puppy plan an escape route!

Remind her:
**Don't Hide...
Get Outside!**



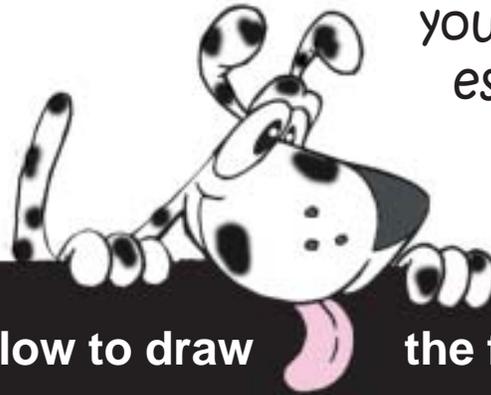
- Draw smoke alarms where they should be.
- Use dark arrows to show primary exits (doors).
- Use dotted arrows to show secondary exits.
- Use the symbols on the Fire Escape Plan Key



**Practice your home fire drills regularly
and know at least TWO ways out!**

Make your own home escape plan!

Following Dottie the
dalmatian's rules create
your home fire
escape plan!

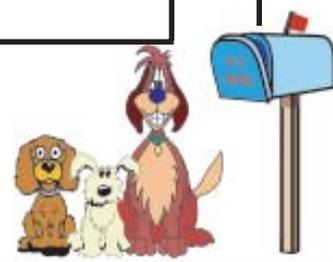
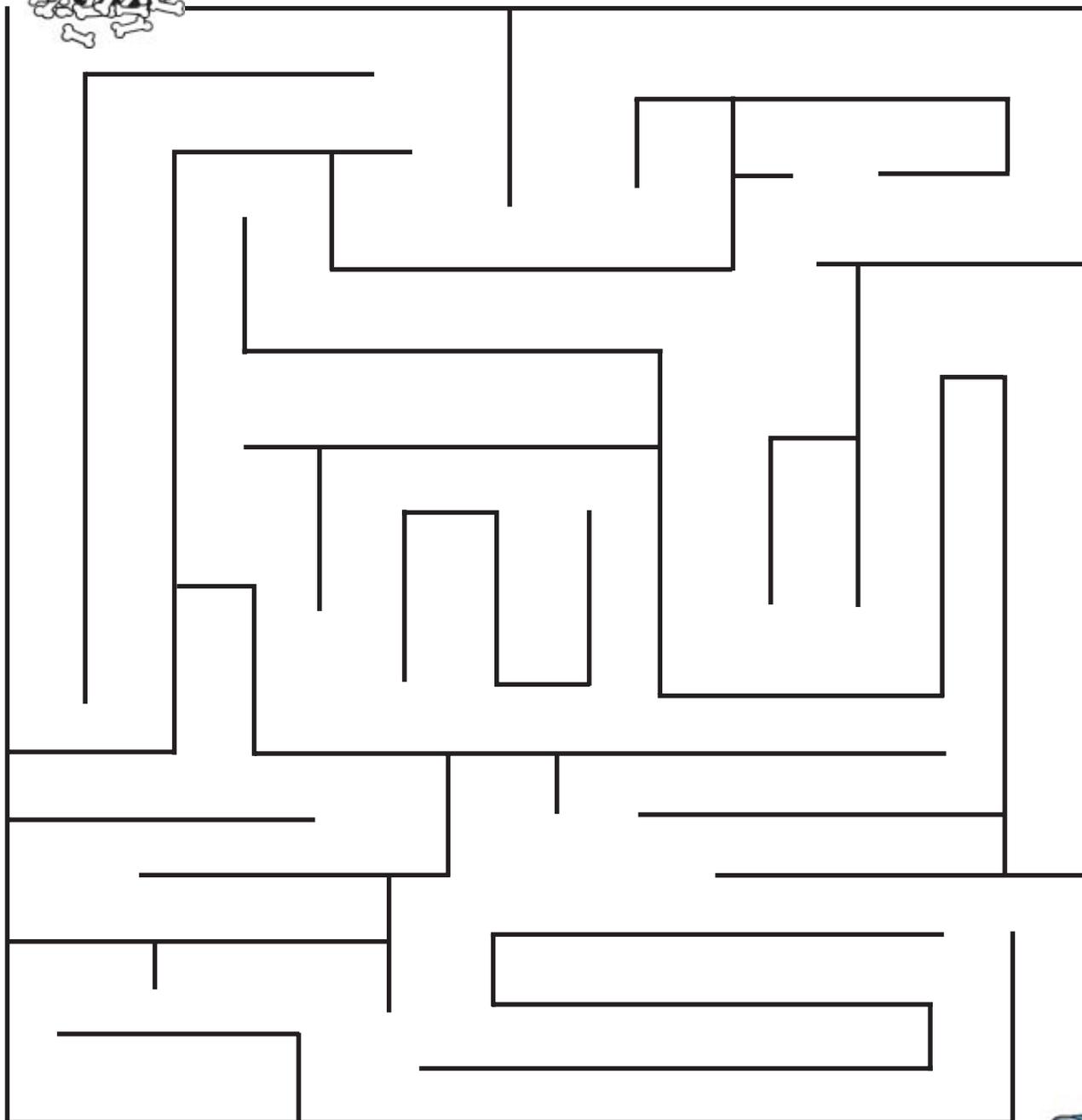


1. Use the space below to draw the floor plan of your home.
2. Label each room and show all exits.
3. Make sure you show at least 2 ways out of each room.
4. Decide on a meeting place with your family and draw it on your plan.
5. Practice fire drills regularly with your family.

Buster the beagle smells smoke!

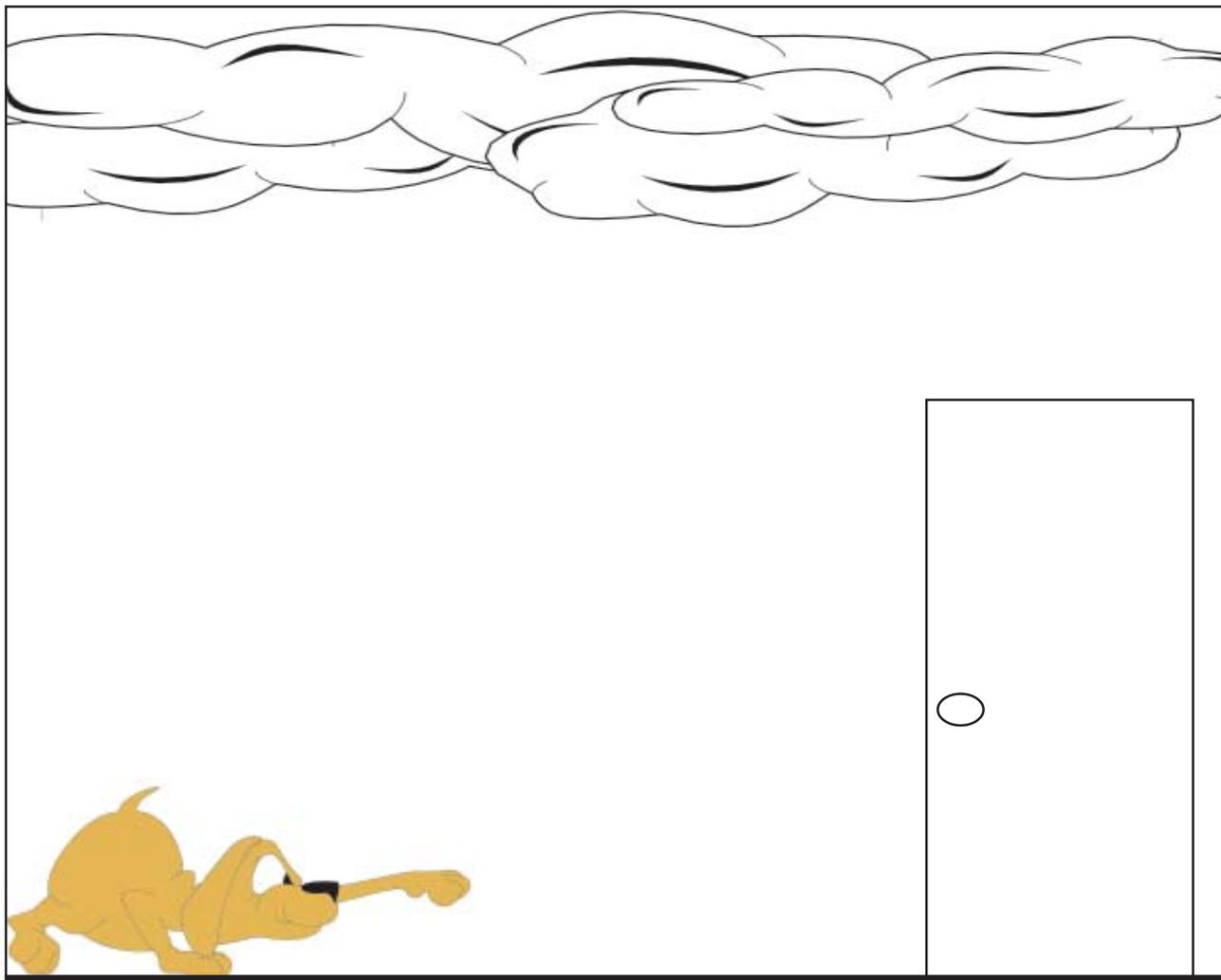


Help him use his escape plan to meet
his friends at their meeting place,
the mailbox.



Crawl low under smoke!

Draw a picture of yourself crawling low under the smoke, just like Max the mutt!



**Remember to stay low and go when there is smoke!
The air near the floor is better!**

Reporting an emergency!

Show Tommy the terrier what to do in an emergency by pretending to report an emergency at your home!



Reporting an Emergency

Call: ____ ____ ____

Speak slowly and clearly

Say: "My name is _____."

"I want to report an emergency at _____."

"The phone number I'm calling from is _____."

"The emergency is _____."

When making a home escape plan put a family member in charge of calling 911!

Smoke alarm safety!



Chip the chow chow hears a smoke alarm beeping!
Can you make this sound?
What should Chip do?

Stop, Drop & Roll!

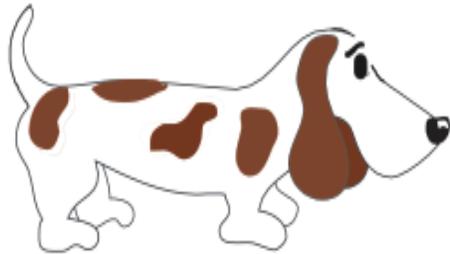
Help Stacey the springer spaniel learn about stop, drop & roll! Use the words below to fill in the blanks showing Stacey the proper way to stop fire from spreading on your clothes.

If your clothes are on fire you should:

Roll

Stop

Drop







Word game!

Use the pictures to fill in the blanks.
Then use the circled letters to fill in
the rest of Randy the retriever's
sentence below!



○ _____



_____ ○



○ _____



_____ ○



_____ ○



○ _____



_____ ○

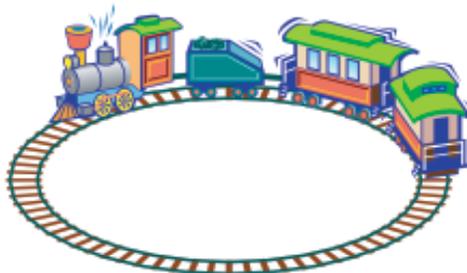
Randy says:

“Firefighters are our _____”

What is a toy?



Show Sam the sheepdog what toys he can play with and what are not toys that he should leave alone. Circle the items that are toys and cross out things that are not toys.



Word Search!

Help Henry the hound dog search
for the words listed below!



Find and circle the following words:

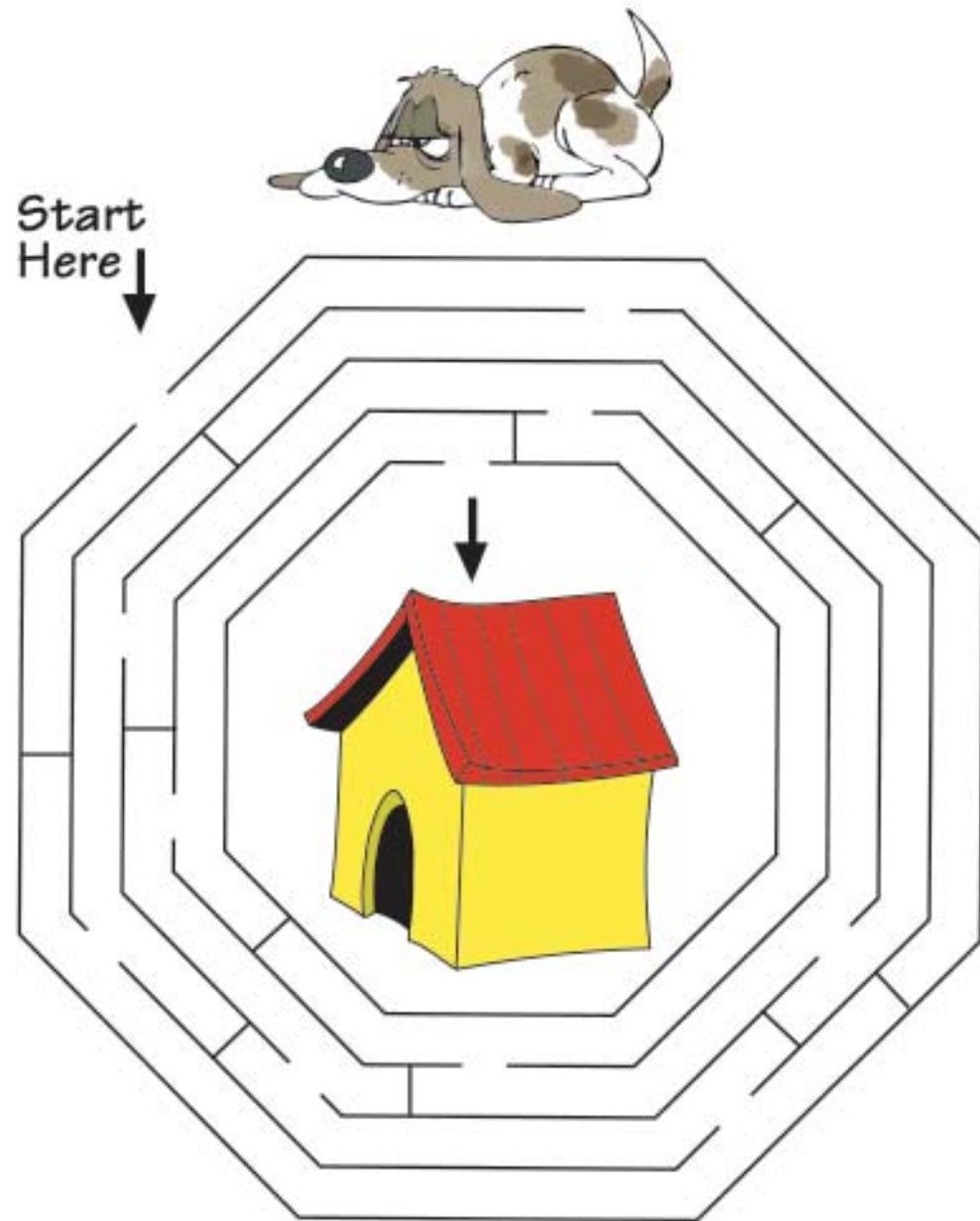
Burn
Candles
Crawl
Doors
Escape Plan
Exits
Family

Fire
Flashlight
Gasoline
Hot
Lighter
Matches
Meeting Place

Neighbors
Rescue
Safety
Sleeping
Stove
Smoke Alarm

Maze Craze!

Bobby the basset hound is tired after his long day of learning about fire safety. Help him get back to his dog house so he can get a good night's rest!



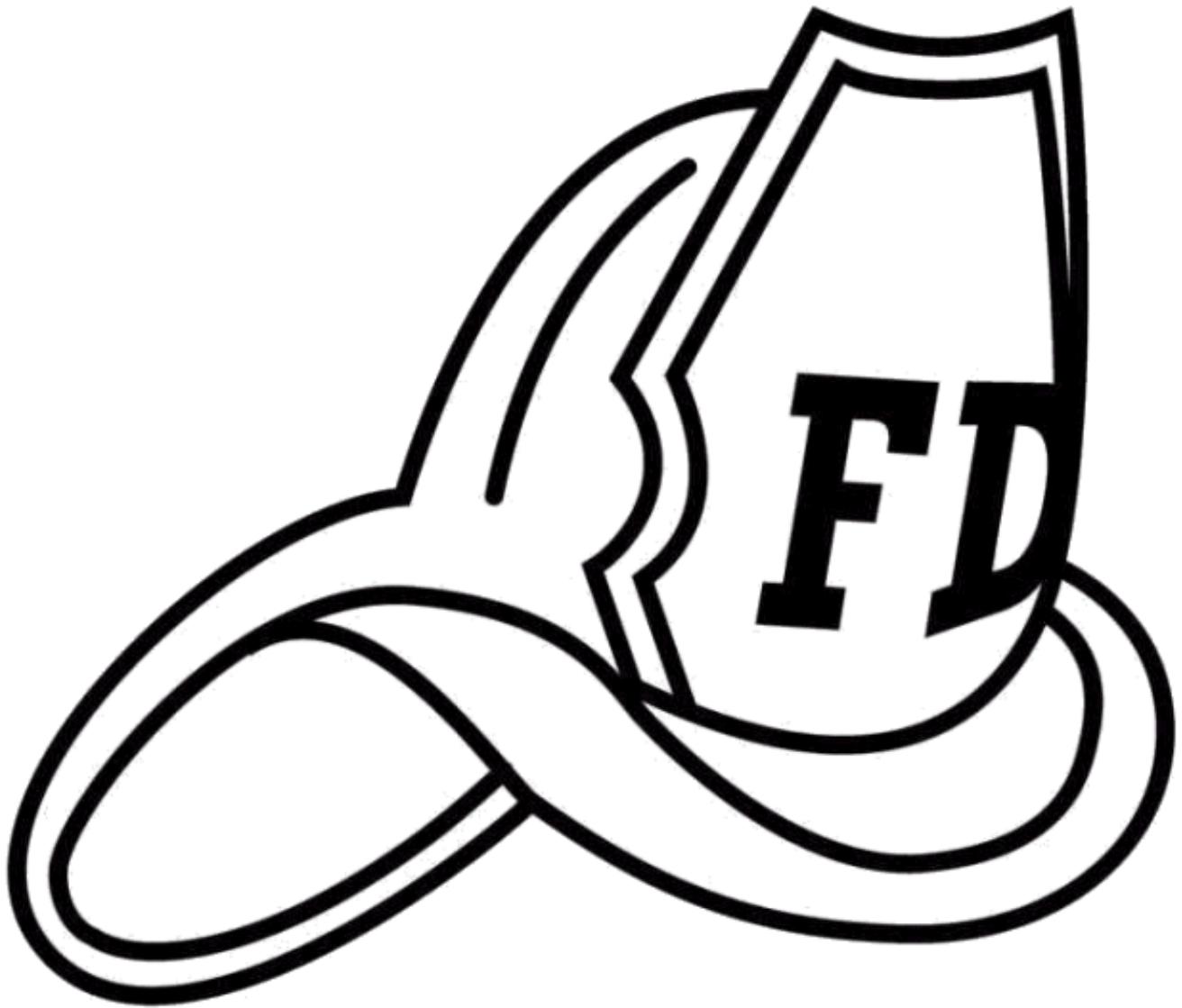
Be fire safe!



Dottie the Dalmatian's Fire Safety Five to Stay Alive!

1. Have a family escape plan and practice it often
2. Smoke alarms save lives
3. Never re-enter a burning building
4. Do not play with matches
5. When you see smoke, stay low and go

www.vafire.com



On _____, 200____
(date)

(name)

has proven to Dottie the
dalmatian and her
friends to be
fire safe!



Dottie

